

Dear Caregiver,



We appreciate your hard work and understand that it keeps you very busy. So busy that sometimes you may forget fundamental safety work practices. We made this safety insert especially for you so that you can refresh, learn and work safely without taking your time away from patient care.

Topic: **Defensive Driving**



5 Decision Driving Principles:

1. Expand your look ahead
 - Be aware of what is happening down the road
 - Never get into a driving situation where you could be surprised by the actions of some other driver, or some pedestrian
2. Size up the whole scene
 - Know what is going on all around your vehicle, like other cars
 - Avoid staring, try to check your mirrors often
3. Signal your intention to change lanes early
 - Let other drivers know in advance what you intend to do so they have time to react
 - Be sure to make eye contact
4. Plan an escape route
 - Think ahead so you can react quickly; anticipate sudden changes in traffic
5. Take decisive action
 - Based on your senses of seeing, hearing, feeling and experience

Keep your vehicle properly maintained



Driving becomes too routine for many of us as part of our daily activities. It is important to remember to drive safely, defensively, and never speed. If you will be late, call in to let them know. If you need more information please contact our safety specialists at safetyhasitsrewards@carewestinsurance.com.

Sincerely,
Care West Team

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