# Dear Caregiver,

We appreciate your hard work and understand that it keeps you very busy.

So busy that sometimes you may forget fundamental safety work practices. We made this safety insert especially for you so that you can refresh, learn and work safely without taking your time away from patient care.

# Topic: Blood Borne Pathogens

### Avoid (if you can):

- contact with blood, body fluids
- risky handling of sharps, scissors
  - Don't recap needles
  - Dispose sharps in appropriate container



### Wear Gloves (if you can't)

#### when:

- working with blood, bodily fluids, mucous membranes, nonintact skin
- handling: items, surfaces soiled with blood/body
- disposing contaminated equipment

### **Know the Exposure Control Plan**

### If you were exposed:

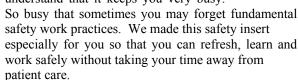
- Wash needlesticks and cuts with soap and water
- Flush splashes to the nose, mouth, or skin with water
- Irrigate eyes with clean water, or sterile irrigants
- Report the exposure to get appropriate medical attention and/or treatment

There are many types of blood borne pathogens. Of the three most known (HBV, HCV, HIV), Hepatitis B is the only one with a vaccine. Vaccines do not justify carelessness at work. There are no known vaccines for HCV or HIV. Use Personal Protective Equipment and follow Universal Precautions. If you need more information please contact our safety specialists at safetyhasitsrewards@carewestinsurance.com.

Sincerely. Care West Team

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